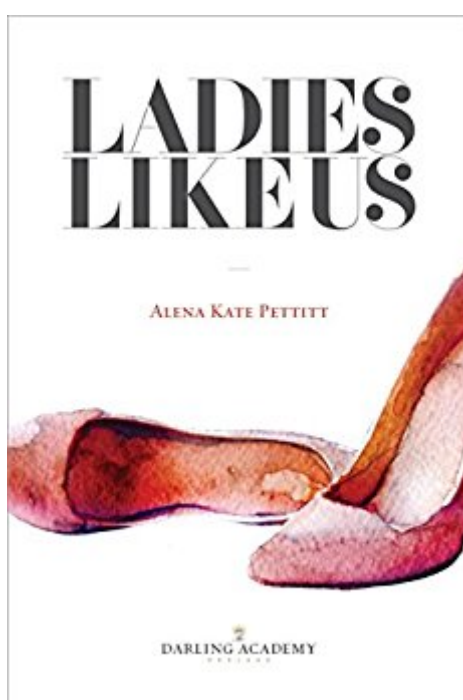


The book was found

Ladies Like Us: A Modern Girl's Guide To Self-discovery, Self-confidence And Love (The Darling Academy Book 1)



Synopsis

Ladies Like Us, the debut book from The Darling Academy shares honest, modern, fun and gentle guidance on what it really means to be a lady today. From finding your identity as a lady and feeling at home in your skin, to cultivating true grace, quiet self-confidence and how to surround yourself with everyday happiness. The Darling Academy is a finishing school for any young woman who wishes to:

- Know how to think and act like a lady in every situation
- Live free from negative thinking and crippling self-doubt
- Be graceful and elegant regardless of modern pressures and trends
- Learn to embrace her feminine energy and still "have it all"
- Enjoy and nurture herself and her relationships right now
- Have clear hope for her future and follow her dreams

Since the 1960s, the pop-culture view of the feminine identity has brought about a rapid decline in common courtesy, grace, morality and manners. We have been told to set aside dreams of an old-fashioned romance in favour of discovering our sexuality, despite what our hearts tell us. Because of this, being "ladylike" has fallen aside for the rise of the trendy sell-out sexy celebrity we are encouraged to emulate. This movement has done little to help how young ladies view their identity today. In some modern cultures it is almost shameful to value good morals, manners and even strong values themselves. Ladies Like Us explores the countenance of natural ladylike femininity available to us all and encourages women of all ages to embrace a life full of grace and elegance using modern etiquette, positive thinking and embracing the joy of all that is "ladylike" in order to create and live a life you love. Gone are the six inch heels, boob jobs, big gobs and fake beauty and in its place a classy, kind, educated and romantic young woman worthy of catching any prince. Say yes to the shoes, say yes to the romance and say yes to becoming the lady you dreamed you'd grow up to be. Doors will be opened for you wherever you go. Welcome to the modern finishing school for ladies, we're glad you're joining us.

Book Information

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Customer Reviews

The world needs more books like this to make it a more beautiful place. A "bible" for anyone woman who wants to become a lady, it is a concise step by step programme to follow covering poise, posture, manners, and how to truly feel good about yourself, and what you were put on this earth to accomplish. A wonderful guide to soul searching and examination to self improvement. The author writes from the heart about her journey and how to help you find your way as well. The author found her way to becoming a lady through finding Christianity, so the book has a strong spiritual, and often Christian, focus which may not be to everyones taste but is written with genuine love. I would have enjoyed more tips on living a ladylike life, but think that very well might be best saved to another volume. Highly recommend to anyone who has an interest in such subjects. I hope to see more from Darling Academy!

Absolutely wonderful book for women of all ages! The author speaks the truth about her past and how she made the choice to move forward and live her life with style, dignity and class. Many chapters and parts of this book give women of all ages food for thought...how HAVE you lived and how do you WANT to live. It's not just about pearl necklaces and white gloves. It's about being true to yourself, respecting yourself and others, and having faith. A wonderful read and also would make a wonderful gift!

Absolutely lovely book. Very well written and a must read. I definitely recommend this for any age group.

I must say I read this book and I am now thoroughly enjoying re-reading it. What an incredible gift

Alena has given us ladies, young ladies and mothers with daughters. Who would not enjoy a book designed to help us as women become our very best. I cannot praise it enough!

A FANTASTIC book for today's woman who wishes to reinvent herself as a LADY. Teaches class, sophistication and elegance and not just on the outside but on the inside as well. Teaches what true grace is without being preachy or judgemental to those who do not share the same views.

Sometimes I stumble across something that I wish I'd known when I was younger - some idea or advice that I know would have helped guide or inspire me when I was a teenager, when I was much more impressionable and unsure than I am now. I recently read *Ladies Like Us* by Alena Kate Pettitt and regret only that I hadn't had it available to me aged 13, when I was lost as to the type of person I wanted to become. *Ladies Like Us* is a guide to being a modern lady and a very comprehensive guide at that. I've read similar books in the past that touch only on clothing, or focus exclusively on how to have correct manners which, while enjoyable, only provide part of the picture. *Ladies Like Us* however covers all components of what it means to be ladylike - from spirituality and work, to presentation and poise. Each chapter is thorough and instructive, giving easily applicable steps as to how to incorporate Alena's advice into your life. I believe that every woman will find something that will resonate particularly with her in *Ladies Like Us*. While the chapters on alcohol and partying didn't apply to me personally (I'm pretty much a teetotaling homebody if I'm honest), they were still worth learning from in order for me to understand others better or to offer help if needed. I found the advice on goals and poise the most relevant to my life in my current situation - although as you can see by the extensive tabbing I've done of my copy, there was a lot I read on a variety of topics that I wanted to remember for later. I first heard about Alena and her brand, the Darling Academy, through one of my favourite blogs, *What Would Kate Do?*, which chronicles the life and fashion of the Duchess of Cambridge. It's fitting, really, as Catherine is truly the embodiment of a modern lady, one of the many reasons that I look up to her as a role model. *Ladies Like Us* draws inspiration from Catherine and many other wonderful women to provide a guide to emulating their poise and their elegance. Although I'm no longer 13, it's little matter - I was still so inspired by *Ladies Like Us* and I know that women of all ages will find guidance and encouragement within its pages. I look forward to

seeing more from Alena and in the meantime, please do follow her on Twitter and Facebook - she truly is a darling herself.

Ladies Like Us is a heartfelt, engaging guide for young women (and men, too!) wondering if they are the "weird ones" when, in reality, they're just ladies like us. It joins the ranks of similar authors and bloggers, such as Jennifer L Scott and Shannon Ables, who are encouraging a life of simple elegance. The author ties her own experiences, Christian beliefs, and modern references into lessons for the modern young lady. It's an excellent read for anyone who prefers dinner parties to nights at the bar.

"How shall we define a modern lady? She has self-respect, a sense of self-worth, quiet self-confidence, style, poise and charm. She is bright, sweet-spirited, kind, reliable, modest, sensitive to people's needs and is always honest. She has a wealth of people who respect, admire and love who she is. They would go the extra mile to see that she is happy, safe and secure and they delight in her company - because she does the exact same for them." --Ladies Like Us, by Alena Kate Pettitt
This book is a finishing school in print that captures all the essentials of being a lady! The topic of a being a virtuous, gracious lady in the midst of rapidly changing morals in society is a breath of fresh air! I think perhaps the format of the book could be improved for readability. There's a lot of content.

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